1:Dobrizhoffer M-5 (ca. 1760) 1822
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one of them kills a tiger, he cuts it into small portions, and divides it amongst himself and his companions, that all the hordesmen may share in what they think so delightful a delicacy. It is an old complaint amongst physicians that new seasonings of food imported from the new world have brought with them new diseases into Europe. This complaint cannot affect the Abipones, who are unacquainted with seasonings, and feed upon simple fare. They detest vinegar; and salt, though as fond of it as goats, they are seldom able to obtain, their land producing neither salt nor salt-pits. To remedy this deficiency they burn a shrub called by the Spaniards *vidriera*, and sprinkle its ashes, which have a saltish taste, on meat and on tobacco leaves, previously chewed and kneaded together with the saliva of old women. But as many of the Abiponian hordes are destitute of this shrub, the ashes of which are used for salt, they generally eat their meat unsalted. No one ever denied that the moderate use of salt is wholesome, for it sucks up noxious humours, and prevents putrefaction: but the too frequent use of it deadens the eye-sight, exhausts the better juices, and creates acrid ones injurious both to the blood and skin, by which means physicians say that the urinal passages are frequently hurt. We found in Paraguay that horses, mules, oxen,